Populus interviewed 2,017 adults aged 30 and over online between 6th and 13th March 2009. The results have been weighted to be representative of this age group in terms of age, gender, SEG, region and ethnicity. For more information go to www.populus.co.uk.

How many careers or types of job have you had during your working life so far? [Asked only of those employed or unemployed]

		Gender			Age							
	Total	Male	Female	30-34	35-44	45-54	55-64	65+				
0	10	6	3	4	1	3	2	0				
	1%	1%	0%	2%	0%	1%	1%	0%				
1	186	101	85	49	71	42	20	4				
	13%	15%	12%	20%	15%	10%	9%	7%				
2	355	167	188	55	128	102	50	21				
	26%	25%	26%	23%	27%	25%	23%	34%				
3	326	154	172	58	102	99	52	14				
	24%	23%	24%	24%	22%	25%	24%	24%				
4	155	63	92	25	52	47	27	4				
	11%	9%	13%	10%	11%	12%	13%	6%				
5	95	43	52	14	32	31	14	5				
	7%	6%	7%	6%	7%	8%	6%	8%				
More than 5	242	120	121	34	74	72	49	13				
	17%	18%	17%	14%	16%	18%	23%	21%				
Don't know	17	10	7	4	6	6	1	0				
	1%	1%	1%	2%	1%	2%	0%	0%				

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How many careers or types of job have you had during your working life so far? [Asked only of those employed or unemployed]

Region

	London	South	South West	Wales	East Midlands	Eastern	Yorkshire & Humberside	North West	North East	West Midlands	Scotland
0	2	0	1	3	0	0	0	2	0	2	0
	1%	0%	1%	4%	0%	0%	0%	1%	0%	1%	0%
1	21	28	21	10	11	13	14	25	12	16	15
	12%	15%	15%	13%	12%	10%	13%	15%	19%	13%	13%
2	54	53	29	15	21	38	19	42	14	33	38
	31%	28%	21%	19%	23%	28%	17%	26%	23%	26%	31%
3	44	51	25	14	25	34	33	38	11	24	27
	25%	27%	18%	18%	27%	25%	29%	24%	19%	20%	22%
4	16	19	16	12	11	13	15	22	5	13	13
	9%	10%	12%	16%	12%	9%	14%	14%	8%	10%	10%
5	7	10	11	7	7	10	7	11	4	11	10
	4%	5%	8%	9%	8%	7%	7%	7%	6%	9%	8%
More than 5	28	23	34	15	18	28	20	19	15	24	18
	16%	12%	24%	20%	19%	20%	18%	12%	25%	19%	15%
Don't know	0	3	2	0	0	1	4	3	0	3	1
	0%	2%	1%	0%	0%	1%	4%	2%	0%	2%	1%

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How many careers or types of job have you had during your working life so far? [Asked only of those employed or unemployed]

		SE	:G		Ethnic				
	AB	C1	C2	DE	White	Non-white			
0	0	0	1	8	8	2			
	0%	0%	1%	2%	1%	2%			
1	47	70	39	30	172	14			
	17%	16%	16%	7%	13%	15%			
2	74	128	55	98	335	20			
	27%	29%	23%	23%	26%	22%			
3	67	102	47	109	310	16			
	25%	23%	20%	25%	24%	17%			
4	27	42	30	56	140	15			
	10%	9%	13%	13%	11%	16%			
5	17	32	19	27	93	2			
	6%	7%	8%	6%	7%	2%			
More than 5	38	69	43	92	217	25			
	14%	15%	18%	21%	17%	26%			
Don't know	0	1	2	13	17	0			
	0%	0%	1%	3%	1%	0%			

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How many careers or types of job did you have during your working life before you retired?

		Gender			Age						
	Total	Male	Female	30-34	35-44	45-54	55-64	65+			
0	1	1	0	0	0	0	0	1			
	0%	0%	0%	0%	0%	0%	0%	0%			
1	114	47	67	0	4	4	21	84			
	19%	17%	20%	0%	62%	20%	17%	18%			
2	128	58	69	0	1	3	27	97			
	21%	21%	21%	0%	14%	12%	21%	21%			
3	140	55	85	0	0	7	30	104			
	23%	20%	26%	0%	0%	31%	23%	23%			
4	88	46	42	0	2	2	21	64			
	14%	16%	13%	0%	24%	8%	16%	14%			
5	38	20	18	0	0	1	6	30			
	6%	7%	5%	0%	0%	4%	5%	7%			
More than 5	81	51	30	0	0	5	20	56			
	13%	18%	9%	0%	0%	25%	16%	12%			
Don't know	22	5	17	0	0	0	3	19			
	4%	2%	5%	0%	0%	0%	2%	4%			

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How many careers or types of job did you have during your working life before you retired?

Region

							71011 Vaultalaina 0				
	London	South	South West	Wales	East Midlands	Eastern	Yorkshire & Humberside	North West	North East	West Midlands	Scotland
0	0	0	0	0	1	0	0	0	0	• • • • • • • • • • • • • • • • • • •) Scotiana
U	•	•	-		1	-		-	ŭ	0	0
	0%	0%	0%	0%	2%	0%	0%	0%	0%	0%	0%
1	14	16	6	14	8	7	10	10	3	14	13
	24%	16%	14%	49%	14%	12%	17%	13%	11%	23%	25%
2	18	21	9	3	16	7	12	17	5	12	9
	30%	22%	21%	10%	29%	12%	19%	23%	17%	21%	17%
3	12	28	15	5	15	9	10	16	9	12	9
	20%	29%	37%	17%	27%	17%	17%	22%	31%	21%	17%
4	5	22	8	2	7	9	6	9	2	14	4
	9%	22%	19%	9%	12%	17%	9%	12%	6%	25%	7%
5	4	4	1	0	2	7	3	4	4	3	6
	6%	4%	3%	0%	4%	13%	5%	5%	14%	5%	11%
More tha	an 5 4	5	3	5	6	13	12	15	5	1	13
	7%	5%	7%	17%	12%	23%	20%	20%	18%	1%	24%
Don't kn	ow 2	1	0	0	0	3	8	4	1	3	0
	4%	1%	0%	0%	0%	6%	12%	5%	3%	5%	0%

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How many careers or types of job did you have during your working life before you retired?

		SE	G		1	Ethnic
	AB	C1	C2	DE	White	Non-white
0	0	0	1	0	1	0
	0%	0%	2%	0%	0%	0%
1	40	25	4	45	110	4
	25%	18%	8%	17%	18%	24%
2	36	35	11	46	122	5
	23%	25%	23%	17%	21%	29%
3	34	33	12	61	136	5
	22%	24%	24%	23%	23%	25%
4	21	17	9	42	88	0
	13%	13%	17%	15%	15%	0%
5	13	14	1	10	38	0
	8%	10%	2%	4%	6%	0%
More than 5	13	11	11	46	77	4
	8%	8%	23%	17%	13%	22%
Don't know	1	1	1	19	22	0
	1%	1%	2%	7%	4%	0%

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Which of the following statements is closest to how you feel about your job, even if neither statement exactly describes how you feel? [Asked only of those in employment]

		Gender				Age		
	Total	Male	Female	30-34	35-44	45-54	55-64	65+
'I imagined I'd do this kind of job' or	404	204	200	75	139	108	60	21
	47%	46%	48%	53%	46%	45%	48%	41%
'I never imagined I'd do this kind of job'	458	242	216	67	164	133	64	30
	53%	54%	52%	47%	54%	55%	52%	59%
'I felt as though I had a job that taught me	388	209	179	64	142	104	57	21
lots of new skills' or	45%	47%	43%	44%	47%	43%	46%	42%
'I don't feel as though I had a job that taught	471	233	238	81	158	136	67	28
me any new skills'	55%	53%	57%	56%	53%	57%	54%	58%
'I want to do this job for the rest of my	397	211	186	48	126	105	81	37
career' or	46%	47%	45%	33%	41%	43%	65%	76%
'I don't want to do this job for the rest of my	472	239	232	97	183	137	43	11
career'	54%	53%	55%	67%	59%	57%	35%	24%
'My job utilises all of my skills and strengths'	422	220	202	63	141	127	66	24
	49%	49%	48%	44%	46%	52%	52%	50%
'My job doesn't really utilise all the skills and	448	230	218	81	165	118	60	24
strengths I have to offer'	51%	51%	52%	56%	54%	48%	48%	50%

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Which of the following statements is closest to how you feel about your job, even if neither statement exactly describes how you feel? [Asked only of those in employment]

						Region				
	London	South	South West	Wales	East Midlands	Eastern	Yorkshire & Humberside	North West	North East	West Midlands
'I imagined I'd do this kind of job' or	60	60	30	14	31	38	35	50	18	31
	54%	49%	36%	36%	56%	50%	48%	50%	61%	38%
'I never imagined I'd do this kind of job'	52	62	54	25	24	39	37	51	11	51
	46%	51%	64%	64%	44%	50%	52%	50%	39%	62%
'I felt as though I had a job that taught me	45	57	39	26	20	33	32	41	11	42
lots of new skills' or	41%	46%	48%	69%	34%	43%	44%	40%	39%	52%
'I don't feel as though I had a job that taught	65	67	42	12	38	44	40	62	17	39
me any new skills'	59%	54%	52%	31%	66%	57%	56%	60%	61%	48%
'I want to do this job for the rest of my	44	58	34	12	34	37	36	51	14	34
career' or	40%	48%	40%	30%	58%	50%	50%	49%	51%	41%
'I don't want to do this job for the rest of my	67	64	52	27	25	38	37	53	14	49
career'	60%	52%	60%	70%	42%	50%	50%	51%	49%	59%
'My job utilises all of my skills and strengths'	54	64	40	11	31	39	43	50	13	34
	48%	51%	48%	28%	54%	51%	59%	48%	45%	40%
'My job doesn't really utilise all the skills and	58	62	44	28	27	37	29	55	15	50
strengths I have to offer'	52%	49%	52%	72%	46%	49%	41%	52%	55%	60%

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Which of the following statements is closest to how you feel about your job, even if neither statement exactly describes how you feel? [Asked only of those in employment]

	Region		SE	G		Ethnic		
	Scotland	AB	C1	C2	DE	White	Non-white	
'I imagined I'd do this kind of job' or	37	119	156	73	56	374	30	
	41%	55%	47%	48%	34%	46%	63%	
'I never imagined I'd do this kind of job'	52	97	172	78	110	440	18	
	59%	45%	53%	52%	66%	54%	37%	
'I felt as though I had a job that taught me	42	62	138	64	123	368	19	
lots of new skills' or	48%	29%	42%	43%	73%	46%	39%	
'I don't feel as though I had a job that taught	45	151	190	84	45	441	30	
me any new skills'	52%	71%	58%	57%	27%	54%	61%	
'I want to do this job for the rest of my	43	121	159	74	43	376	21	
career' or	47%	57%	48%	49%	25%	46%	44%	
'I don't want to do this job for the rest of my	48	93	176	77	126	445	26	
career'	53%	43%	52%	51%	75%	54%	56%	
'My job utilises all of my skills and strengths'	43	129	170	74	49	400	22	
	50%	59%	51%	50%	30%	49%	43%	
'My job doesn't really utilise all the skills and	42	90	166	75	117	419	29	
strengths I have to offer'	50%	41%	49%	50%	70%	51%	57%	

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Looking back and thinking about your career as a whole, please say which statement is closest to how you felt about the jobs you did during your career, even if neither statement exactly describes how you feel?

	Gender					Age		
	Total	Male	Female	30-34	35-44	45-54	55-64	65+
'When I was young I imagined I'd do the kind of	169	77	93	0	4	3	28	134
jobs I ended up doing' or	33%	32%	33%	0%	62%	13%	25%	35%
'When I was younger I never imagined I'd end	348	162	186	0	3	17	83	245
up doing the kind of jobs I did'	67%	68%	67%	0%	38%	87%	75%	65%
'I felt as though I had a job that taught me lots	428	201	227	0	7	14	88	319
of new skills' or	84%	84%	84%	0%	100%	80%	80%	85%
'I don't feel as though I had a job that taught	82	37	45	0	0	4	22	56
me any new skills'	16%	16%	16%	0%	0%	20%	20%	15%
'I found a job that I wanted to do for the rest of	356	172	184	0	5	7	66	279
my career' or	69%	72%	67%	0%	75%	38%	60%	74%
'I never found a job that I wanted to do for the	157	68	89	0	2	12	44	100
rest of my career'	31%	28%	33%	0%	25%	62%	40%	26%
'The jobs I had utilised all of my skills and	377	182	195	0	5	12	77	283
strengths'	73%	75%	71%	0%	75%	64%	68%	75%
'The jobs I had didn't really utilise all the skills	139	60	80	0	2	7	35	96
and strengths I had to offer'	27%	25%	29%	0%	25%	36%	32%	25%

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Looking back and thinking about your career as a whole, please say which statement is closest to how you felt about the jobs you did during your career, even if neither statement exactly describes how you feel?

						Region				
	London	South	South West	Wales	East Midlands	Eastern	Yorkshire & Humberside	North West	North East	West Midlands
'When I was young I imagined I'd do the kind of	23	26	3	9	14	20	19	17	6	22
jobs I ended up doing' or	43%	33%	12%	34%	30%	42%	36%	29%	26%	46%
'When I was younger I never imagined I'd end	30	54	26	17	32	28	33	42	19	26
up doing the kind of jobs I did'	57%	67%	88%	66%	70%	58%	64%	71%	74%	54%
'I felt as though I had a job that taught me lots	41	66	26	20	30	46	39	52	21	41
of new skills' or	77%	83%	80%	80%	70%	95%	83%	89%	91%	88%
'I don't feel as though I had a job that taught	12	14	7	5	13	2	8	6	2	6
me any new skills'	23%	17%	20%	20%	30%	5%	17%	11%	9%	12%
'I found a job that I wanted to do for the rest of	39	59	23	18	25	37	32	39	18	33
my career' or	73%	74%	69%	70%	58%	76%	67%	70%	69%	66%
'I never found a job that I wanted to do for the	14	21	10	8	18	12	16	16	8	17
rest of my career'	27%	26%	31%	30%	42%	24%	33%	30%	31%	34%
'The jobs I had utilised all of my skills and	38	54	23	21	27	41	34	49	18	34
strengths'	74%	66%	70%	81%	63%	76%	69%	85%	76%	73%
'The jobs I had didn't really utilise all the skills	13	28	10	5	16	13	15	9	6	13
and strengths I had to offer'	26%	34%	30%	19%	37%	24%	31%	15%	24%	27%

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Looking back and thinking about your career as a whole, please say which statement is closest to how you felt about the jobs you did during your career, even if neither statement exactly describes how you feel?

	Region		SEG			Ethnic		
	Scotland	AB	C1	C2	DE	White	Non-white	
'When I was young I imagined I'd do the kind of	10	52	40	8	69	158	12	
jobs I ended up doing' or	19%	37%	33%	19%	32%	32%	65%	
'When I was younger I never imagined I'd end	41	89	80	35	144	342	6	
up doing the kind of jobs I did'	81%	63%	67%	81%	68%	68%	35%	
'I felt as though I had a job that taught me lots	45	132	100	35	161	414	14	
of new skills' or	87%	94%	86%	81%	77%	84%	79%	
'I don't feel as though I had a job that taught	7	8	17	8	49	78	4	
me any new skills'	13%	6%	14%	19%	23%	16%	21%	
'I found a job that I wanted to do for the rest of	34	113	85	26	133	341	16	
my career' or	67%	80%	71%	64%	63%	69%	87%	
'I never found a job that I wanted to do for the	17	28	35	14	79	155	2	
rest of my career'	33%	20%	29%	36%	37%	31%	13%	
'The jobs I had utilised all of my skills and	39	119	84	26	148	361	16	
strengths'	75%	85%	69%	63%	70%	72%	87%	
'The jobs I had didn't really utilise all the skills	13	22	37	15	65	137	2	
and strengths I had to offer'	25%	15%	31%	37%	30%	28%	13%	

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Thinking about the expectations you had for your career when you were first starting out, are you currently occupying a job at a more senior level than you thought you would reach by your current age, or a less senior level, or about the level you expected? [Asked only of those in employment.]

		Gender				Age		
	Total	Male	Female	30-34	35-44	45-54	55-64	65+
Higher Level	175	97	79	29	64	48	27	8
	18%	19%	17%	17%	18%	18%	19%	15%
Lower Level	254	121	133	44	86	80	34	10
	26%	24%	28%	27%	24%	30%	24%	19%
About as I expected	337	182	155	62	120	93	46	17
	34%	36%	32%	38%	34%	34%	32%	33%
I never had any expectations of the	192	91	101	27	70	46	36	13
level of seniority I would reach	19%	18%	21%	16%	20%	17%	25%	26%
Don't know	25	14	11	3	13	4	2	4
	3%	3%	2%	2%	4%	1%	1%	7%

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Thinking about the expectations you had for your career when you were first starting out, are you currently occupying a job at a more senior level than you thought you would reach by your current age, or a less senior level, or about the level you expected? [Asked only of those in employment.]

						Re	gion				
						_	Yorkshire &				
	London	South	South West	Wales	East Midlands	Eastern	Humberside	North West	North East	West Midlands	Scotland
Higher Level	34	23	11	3	13	15	23	19	6	15	13
	26%	18%	12%	7%	19%	17%	27%	16%	18%	17%	14%
Lower Level	39	37	19	18	17	27	19	30	3	20	25
	29%	28%	20%	42%	26%	31%	22%	24%	10%	22%	25%
About as I expected	37	49	29	12	24	23	28	50	14	35	38
	28%	38%	31%	28%	35%	26%	33%	40%	41%	38%	38%
I never had any expectations of the	22	19	27	8	13	23	13	22	10	17	16
level of seniority I would reach	17%	14%	29%	20%	19%	26%	16%	18%	30%	19%	17%
Don't know	1	2	7	1	1	0	2	2	0	4	6
	1%	2%	7%	2%	1%	0%	3%	2%	1%	4%	6%

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	62 70 27 17 160 26% 19% 15% 9% 17% 52 100 40 61 233 22% 27% 23% 31% 25% 90 127 63 58 322 38% 34% 35% 30% 35% 30 72 43 47 183					Ethnic		
	AB	C1	C2	DE	White	Non-white		
Higher Level	62	70	27	17	160	16		
	26%	19%	15%	9%	17%	26%		
Lower Level	52	100	40	61	233	20		
	22%	27%	23%	31%	25%	33%		
About as I expected	90	127	63	58	322	15		
	38%	34%	35%	30%	35%	26%		
I never had any expectations of the	30	72	43	47	183	9		
level of seniority I would reach	13%	19%	24%	24%	20%	15%		
Don't know	1	4	6	13	25	0		
	0%	1%	4%	7%	3%	0%		

Thinking about the expectations you had for your career when you were first starting out, did you reach a higher level of seniority in your career than you had thought you would when you were first starting out, or a lower level of seniority, or about the level that you expected? [*Some answers given by specific sections of the population are drawn from too small a sample of respondents to be regarded as statistically robust and therefore should not be used as the basis for conclusions.]

		Gender			Age				
	Total	Male	Female	30-34	35-44	45-54	55-64	65+	
Higher Level	211	98	113	0	2	7	36	166	
	35%	35%	34%	0%	26%	31%	28%	37%	
Lower Level	36	26	9	0	0	3	10	23	
	6%	9%	3%	0%	0%	13%	8%	5%	
About as I expected	191	90	101	0	4	7	32	149	
	31%	32%	31%	0%	62%	30%	25%	33%	
I never had any expectations of the	162	65	97	0	1	6	42	114	
level of seniority I would reach	27%	23%	30%	0%	12%	26%	33%	25%	
Don't know	10	2	8	0	0	0	6	4	
	2%	1%	3%	0%	0%	0%	5%	1%	

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Thinking about the expectations you had for your career when you were first starting out, did you reach a higher level of seniority in your career than you had thought you would when you were first starting out, or a lower level of seniority, or about the level that you expected? [*Some answers given by specific sections of the population are drawn from too small a sample of respondents to be regarded as statistically robust and therefore should not be used as the basis for conclusions.]

	ior

	London	South	South West	Wales	East Midlands	Eastern	Yorkshire & Humberside	North West	North East	West Midlands	Scotland
Higher Level	22	32	14	14	12	25	15	23	7	23	23
	37%	34%	34%	52%	22%	44%	25%	31%	26%	40%	42%
Lower Level	5	11	1	2	3	0	2	7	2	2	1
	8%	11%	2%	7%	6%	1%	3%	9%	9%	4%	1%
About as I expected	24	40	4	5	12	18	23	20	15	19	11
	42%	42%	10%	17%	22%	32%	39%	28%	52%	32%	21%
I never had any expectations of the	8	13	23	7	24	13	19	22	2	14	19
level of seniority I would reach	13%	14%	54%	25%	44%	23%	31%	30%	6%	24%	34%
Don't know	0	0	0	0	3	0	1	2	2	0	1
	0%	0%	0%	0%	6%	0%	2%	3%	7%	0%	2%

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		SE	Ethnic			
	AB	C 1	C2	DE	White	Non-white
Higher Level	72	51	13	74	207	4
	46%	38%	27%	28%	35%	21%
Lower Level	13	15	3	4	34	1
	8%	11%	7%	2%	6%	8%
About as I expected	47	43	13	89	179	12
	30%	32%	26%	33%	30%	67%
I never had any expectations of the	25	25	19	94	162	1
level of seniority I would reach	16%	18%	39%	35%	27%	4%
Don't know	0	1	1	8	10	0
	0%	1%	1%	3%	2%	0%

Would you say that you have ever had a career change in your life? [Asked only of those who are in seniority positions 2 - 7]

		Gender				Age		
	Total	Male	Female	30-34	35-44	45-54	55-64	65+
Yes	315	147	168	53	111	92	46	12
	62%	62%	61%	50%	60%	67%	74%	70%
No	196	90	106	54	75	45	17	5
	38%	38%	39%	50%	40%	33%	26%	30%

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Would you say that you have ever had a career change in your life? [Asked only of those who are in seniority positions 2 - 7]

Region

							Yorkshire &				
	London	South	South West	Wales	East Midlands	Eastern	Humberside	North West	North East	West Midlands	Scotland
Yes	51	44	24	15	22	27	25	33	8	37	29
	58%	62%	67%	77%	65%	71%	60%	49%	41%	63%	74%
No	36	27	12	4	12	11	16	34	11	22	10
	42%	38%	33%	23%	35%	29%	40%	51%	59%	37%	26%

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Would you say that you have ever had a career change in your life? [Asked only of those who are in seniority positions 2 - 7]

		SE	G		I	Ethnic
	AB	C 1	C2	DE	White	Non-white
Yes	105	176	25	9	288	28
	61%	63%	61%	46%	62%	54%
No	68	102	16	11	173	23
	39%	37%	39%	54%	38%	46%

Please indicate which of the following are or were factors in you making a career change. (Please tick all that apply) [Asked only of those who said 'Yes' to having a career change] [*Some answers given by specific sections of the population are drawn from too small a sample of respondents to be regarded as statistically robust and therefore should not be used as the basis for conclusions.]

		Gender				Age		
	Total	Male	Female	30-34	35-44	45-54	55-64	65+
I hadn't really thought about what I wanted out of my career before I	81	45	36	20	32	18	8	3
started working	26%	31%	21%	38%	29%	20%	17%	26%
I changed as a person along the way and started to want different things	145	59	86	26	54	41	19	5
umgs	46%	40%	51%	48%	49%	45%	40%	47%
I discovered that my skills and interests were different from what I	88	40	48	15	26	28	11	7
had thought and this led me in a new direction	28%	27%	28%	29%	24%	30%	24%	64%
I had placed too much importance on financial reward and not	28	15	12	7	6	7	6	1
enough on personal fulfilment	9%	10%	7%	14%	5%	8%	13%	10%
If I'd had a clearer sense of my own strengths and weaknesses before	27	15	12	8	3	9	4	2
I started I wouldn't have needed to make a career change	8%	10%	7%	15%	3%	10%	8%	20%
I was forced into a career change because I didn't have the right skills	15	11	4	2	4	6	3	0
and qualifications	5%	7%	2%	4%	4%	6%	6%	0%
None of the above	57	25	32	5	17	23	11	1
	18%	17%	19%	9%	16%	25%	23%	10%

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					Region				
	London	South	South West	Wales	East Midlands	Eastern	Yorkshire & Humberside	North West	North East
I hadn't really thought about what I wanted out of my career before I	12	14	5	3	5	5	8	6	3
started working	24%	32%	20%	19%	23%	20%	33%	17%	34%
I changed as a person along the way and started to want different things	24	15	10	7	12	12	10	18	2
timigs	47%	35%	40%	48%	55%	45%	41%	55%	26%
I discovered that my skills and interests were different from what I	19	14	3	5	5	10	7	11	3
had thought and this led me in a new direction	37%	32%	12%	36%	23%	36%	28%	33%	38%
I had placed too much importance on financial reward and not	5	5	2	0	1	4	2	3	1
enough on personal fulfilment	10%	11%	9%	0%	6%	15%	9%	8%	16%
If I'd had a clearer sense of my own strengths and weaknesses before	3	1	3	2	2	2	2	1	0
I started I wouldn't have needed to make a career change	5%	3%	11%	10%	11%	7%	7%	4%	0%
I was forced into a career change because I didn't have the right skills	2	0	1	1	1	2	0	1	1
and qualifications	4%	0%	6%	8%	6%	6%	2%	2%	14%
None of the above	8	13	8	2	2	5	3	4	1
	16%	29%	32%	12%	10%	19%	13%	12%	13%

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	Regio	n		SE	G			Ethnic
	West Midlands	Scotland	AB	C1	C2	DE	White	Non-white
I hadn't really thought about what I wanted out of my career before I	12	9	25	50	2	4	80	2
started working	32%	32%	24%	29%	8%	38%	28%	7%
I changed as a person along the way and started to want different things	20	14	51	75	14	5	130	14
umgs	53%	50%	49%	43%	55%	57%	45%	52%
I discovered that my skills and interests were different from what I	6	5	32	51	5	0	77	10
had thought and this led me in a new direction	15%	1 9%	31%	29%	20%	0%	27%	37%
I had placed too much importance on financial reward and not	3	2	10	15	1	1	25	3
enough on personal fulfilment	8%	6%	10%	8%	5%	15%	9%	9%
If I'd had a clearer sense of my own strengths and weaknesses before	7	5	12	14	0	1	24	2
I started I wouldn't have needed to make a career change	18%	16%	11%	8%	0%	15%	8%	9%
I was forced into a career change because I didn't have the right skills	2	3	3	12	0	0	14	1
and qualifications	6%	11%	3%	7%	0%	0%	5%	3%
None of the above	7	4	18	31	6	2	54	3
	20%	13%	18%	17%	26%	20%	19%	11%

Do you feel that there are or have been barriers to you following the career that you'd really like or the career that you really wanted? [Asked only of those employed or unemployed]

		Gender				Age		
	Total	Male	Female	30-34	35-44	45-54	55-64	65+
Yes	937	461	477	157	249	230	130	171
	47%	49%	45%	65%	53%	54%	38%	33%
No	1052	480	572	86	223	192	210	341
	53%	51%	55%	35%	47%	46%	62%	67%

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Do you feel that there are or have been barriers to you following the career that you'd really like or the career that you really wanted? [Asked only of those employed or unemployed]

Region

								Yorkshire &				
		London	South	South West	Wales	East Midlands	Eastern	Humberside	North West	North East	West Midlands	Scotland
Ye	es	114	124	97	62	70	100	78	95	42	85	69
		49%	44%	54%	60%	48%	52%	45%	41%	47%	47%	39%
No	0	117	157	84	41	76	92	95	138	47	97	107
		51%	56%	46%	40%	52%	48%	55%	59%	53%	53%	61%

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		SE	G		Ethnic					
	AB	C 1	C2	DE	White	Non-white				
Yes	165	285	141	347	871	67				
	39%	49%	50%	49%	46%	60%				
No	260	292	143	357	1007	45				
	61%	51%	50%	51%	54%	40%				

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Which, if any, of the following have been barriers to you being able to follow the career path that you'd really like / you really wanted to follow? [Asked only of those who said they had faced barriers]

			Gender				Age		
		Total	Male	Female	30-34	35-44	45-54	55-64	65+
Not having the right	Yes	491	250	241	87	132	118	69	86
educational		56%	56%	55%	57%	57%	54%	59%	53%
qualifications	No	360	178	182	57	94	91	46	73
		41%	40%	42%	37%	40%	42%	39%	45%
	I don't know	31	15	15	10	7	9	2	2
		3%	3%	4%	7%	3%	4%	2%	1%
Not getting enough	Yes	285	115	170	43	71	69	40	63
encouragement from		33%	27%	39%	29%	31%	33%	35%	41%
family/friends	No	516	282	234	96	143	125	68	84
		60%	67%	53%	63%	63%	60%	60%	54%
	I don't know	57	22	35	12	15	16	7	8
		7%	5%	8%	8%	7%	8%	6%	5%
Not getting good	Yes	555	273	282	82	148	131	83	110
enough careers advice		64%	64%	63%	53%	64%	62%	70%	69%
at school	No	266	136	131	59	65	71	31	39
		30%	32%	29%	39%	28%	34%	27%	25%
	I don't know	53	21	31	12	17	9	4	10
		6%	5%	7%	8%	7%	4%	3%	6%
Not having the time to	Yes	391	164	227	69	112	114	39	57
pursue it		46%	39%	52%	46%	48%	54%	34%	38%
	No	403	220	183	72	107	78	65	82
		47%	53%	42%	47%	46%	37%	57%	54%
	I don't know	62	33	29	10	12	18	10	11
		7%	8%	7%	7%	5%	9%	8%	7%

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Which, if any, of the following have been barriers to you being able to follow the career path that you'd really like / you really wanted to follow? [Asked only of those who said they had faced barriers]

			Gender				Age		
		Total	Male	Female	30-34	35-44	45-54	55-64	65+
Not having the right	Yes	438	216	221	83	129	109	55	62
skills to pursue it		51%	50%	51%	54%	56%	51%	49%	40%
	No	375	192	183	57	86	98	53	80
		43%	45%	42%	38%	37%	45%	48%	52%
	I don't know	53	23	30	12	17	9	3	12
		6%	5%	7%	8%	7%	4%	3%	8%
Not having the money	Yes	534	257	276	100	161	133	61	79
to pursue it		61%	60%	62%	65%	67%	63%	53%	51%
	No	297	151	146	43	67	70	48	69
		34%	35%	33%	28%	28%	33%	41%	44%
	I don't know	45	23	22	9	13	9	7	8
		5%	5%	5%	6%	5%	4%	6%	5%
Not feeling the	Yes	509	219	291	101	155	129	58	67
confidence to pursue it		58%	52%	64%	66%	66%	59%	50%	43%
	No	330	184	146	45	68	82	50	85
		38%	44%	32%	29%	29%	38%	43%	54%
	I don't know	39	20	19	8	11	6	9	4
		4%	5%	4%	5%	5%	3%	8%	3%
Not enough jobs	Yes	427	231	196	82	136	112	53	43
around that really		50%	54%	45%	54%	59%	52%	47%	29%
appeal	No	344	156	189	48	81	80	47	88
		40%	36%	44%	32%	35%	37%	41%	59%
	I don't know	89	41	48	22	13	23	14	18
		10%	10%	11%	14%	6%	11%	12%	12%
Not having the right	Yes	503	250	252	102	161	134	60	46
experience		58%	58%	58%	66%	68%	63%	51%	31%
	No	317	153	164	43	68	70	48	89
		36%	35%	38%	28%	29%	33%	41%	60%
	I don't know	49	29	20	9	9	9	9	13
		6%	7%	5%	6%	4%	4%	8%	9%

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							Re	gion				
								Yorkshire &				
		London	South	South West	Wales	East Midlands	Eastern	Humberside	North West	North East	West Midlands	Scotland
Not having the right	Yes	53	78	57	25	40	44	37	52	26	51	29
educational qualifications		51%	68%	61%	50%	61%	46%	51%	56%	63%	60%	43%
qualifications	No	50	32	34	25	23	47	32	37	15	29	36
		48%	28%	37%	50%	35%	49%	44%	40%	36%	34%	53%
	I don't know	1	4	2	0	2	5	3	4	0	5	3
		1%	4%	2%	0%	3%	6%	4%	4%	1%	6%	4%
Not getting enough	Yes	31	40	33	29	19	33	24	27	14	19	17
encouragement from		30%	37%	39%	46%	29%	34%	34%	32%	34%	24%	26%
family/friends	No	61	61	51	30	44	61	37	53	25	53	42
		61%	56%	59%	48%	67%	63%	53%	63%	61%	65%	64%
	I don't know	9	8	2	3	2	2	9	4	2	9	7
		9%	7%	2%	6%	4%	2%	13%	5%	5%	11%	10%
Not getting good	Yes	58	69	59	36	41	59	52	58	26	57	39
enough careers advice		56%	65%	68%	60%	63%	62%	70%	63%	64%	70%	60%
at school	No	40	27	15	23	22	27	21	28	14	24	24
		39%	25%	18%	39%	34%	29%	28%	31%	35%	29%	36%
	I don't know	5	11	12	1	2	9	1	6	1	1	3
		4%	10%	14%	1%	3%	10%	2%	7%	2%	1%	4%
Not having the time to	Yes	42	57	45	22	27	35	28	45	21	44	23
pursue it		41%	51%	54%	45%	41%	37%	40%	53%	51%	55%	35%
	No	54	44	33	26	38	53	38	34	16	32	36
		52%	39%	39%	51%	57%	55%	54%	39%	39%	39%	55%
	I don't know	8	10	6	2	1	8	4	7	4	5	6
		7%	9%	8%	4%	1%	9%	6%	8%	9%	6%	10%

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							Re	gion				
		London	South	South West	Wales	East Midlands	Eastern	Yorkshire & Humberside	North West	North East	West Midlands	Scotland
Not having the right	Yes	47	50	48	31	38	48	35	40	22	54	26
skills to pursue it		46%	45%	53%	57%	59%	49%	49%	47%	53%	65%	40%
	No	50	49	35	23	25	47	31	39	19	24	33
		49%	44%	39%	42%	38%	48%	44%	46%	46%	28%	50%
	I don't know	4	12	7	1	2	2	5	5	0	6	7
		4%	11%	8%	1%	4%	2%	7%	6%	1%	7%	11%
Not having the money	Yes	52	69	58	38	36	52	47	64	27	54	37
to pursue it		51%	61%	66%	69%	56%	53%	63%	72%	66%	64%	55%
	No	47	35	25	16	28	38	23	21	14	25	26
		46%	31%	28%	30%	43%	39%	31%	23%	33%	30%	39%
	I don't know	3	10	5	1	1	7	4	5	0	5	4
		3%	9%	6%	1%	1%	7%	6%	5%	1%	6%	6%
Not feeling the	Yes	60	70	46	36	35	50	39	52	24	59	38
confidence to pursue it		56%	61%	54%	60%	54%	52%	53%	61%	59%	73%	56%
	No	42	37	34	23	30	43	29	29	16	21	25
		40%	32%	40%	38%	45%	45%	40%	35%	38%	25%	38%
	I don't know	4	8	5	1	1	3	6	4	1	2	4
		4%	7%	6%	2%	1%	3%	8%	4%	3%	2%	6%
Not enough jobs	Yes	34	49	58	34	31	40	30	52	24	45	31
		33%	44%	62%	65%	47%	42%	41%	62%	58%	56%	48%
appeai	No	60	42	28	18	27	46	35	23	14	26	26
		59%	38%	31%	33%	41%	47%	49%	27%	35%	32%	41%
	I don't know	8	19	7	1	8	10	7	9	3	9	7
		8%	17%	7%	2%	12%	11%	9%	11%	6%	12%	11%
Not having the right	Yes	50	52	58	33	46	51	44	51	27	60	31
experience		48%	49%	65%	64%	66%	52%	61%	57%	66%	74%	46%
Not enough jobs around that really appeal	No	47	45	28	18	22	39	26	30	13	18	31
		46%	42%	31%	35%	32%	40%	35%	34%	32%	22%	47%

1

7

8

1%

1

1%

5%

I don't know

10

5

3

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Which, if any, of the following have been barriers to you being able to follow the career path that you'd really like / you really wanted to follow? [Asked only of those who said they had faced barriers]

			SE	:G		Ethnic		
		AB	C1	C2	DE	White	Non-white	
Not having the right	Yes	75	140	75	202	467	24	
educational		47%	52%	57%	63%	57%	37%	
qualifications	No	83	124	51	103	327	33	
		52%	46%	39%	32%	40%	52%	
	I don't know	2	7	6	16	24	7	
		1%	2%	5%	5%	3%	11%	
Not getting enough	Yes	40	80	38	127	272	13	
encouragement from		26%	31%	30%	40%	34%	23%	
family/friends	No	105	162	84	166	479	36	
		68%	62%	66%	52%	60%	62%	
	I don't know	9	19	5	24	48	9	
		6%	7%	4%	8%	6%	16%	
Not getting good	Yes	97	164	81	213	529	26	
enough careers advice		62%	62%	62%	67%	65%	45%	
at school	No	52	91	38	86	238	28	
		33%	34%	29%	27%	29%	49%	
	I don't know	9	10	12	22	49	4	
		5%	4%	9%	7%	6%	6%	
Not having the time to	Yes	65	117	65	144	365	26	
pursue it		42%	44%	51%	47%	46%	44%	
	No	81	126	57	139	375	28	
		52%	47%	45%	45%	47%	47%	
	I don't know	9	23	5	24	56	6	
		6%	9%	4%	8%	7%	9%	

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Which, if any, of the following have been barriers to you being able to follow the career path that you'd really like / you really wanted to follow? [Asked only of those who said they had faced barriers]

			SE	:G		Ethnic			
		AB	C1	C2	DE	White	Non-white		
Not having the right	Yes	60	118	74	185	406	32		
skills to pursue it		39%	45%	57%	59%	51%	50%		
	No	84	131	47	113	348	26		
		55%	49%	36%	36%	43%	41%		
	I don't know	9	16	9	18	47	6		
		6%	6%	7%	6%	6%	9%		
Not having the money	Yes	79	165	84	206	501	33		
to pursue it		51%	62%	64%	64%	62%	51%		
	No	70	88	40	99	267	30		
		45%	33%	31%	31%	33%	47%		
	I don't know	7	14	7	17	44	1		
		4%	5%	5%	5%	5%	2%		
Not feeling the	Yes	89	151	76	193	480	30		
confidence to pursue it		58%	56%	58%	60%	59%	49%		
	No	63	107	49	111	302	28		
		41%	40%	37%	34%	37%	46%		
	I don't know	2	12	6	18	36	3		
		1%	5%	5%	6%	4%	4%		
Not enough jobs	Yes	63	130	69	163	398	29		
around that really		41%	49%	56%	51%	50%	45%		
appeal	No	80	111	44	109	320	24		
		52%	42%	36%	34%	40%	37%		
	I don't know	10	23	11	45	77	12		
		6%	9%	9%	14%	10%	18%		
Not having the right	Yes	72	146	82	202	464	38		
experience		47%	54%	64%	63%	58%	60%		
	No	73	108	40	96	294	22		
		48%	40%	32%	30%	37%	35%		
	I don't know	7	15	5	21	46	3		
		5%	6%	4%	7%	6%	5%		

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			Gender				Age		
		Total	Male	Female	30-34	35-44	45-54	55-64	65+
More / better advice	Very important	229	89	141	46	78	70	24	11
on careers		45%	38%	51%	44%	42%	52%	39%	64%
	Fairly important	203	103	100	44	77	49	28	5
		40%	44%	36%	41%	41%	36%	45%	32%
	Very unimportant	61	34	27	12	28	12	8	1
		12%	15%	10%	11%	15%	9%	13%	5%
	I don't know	16	8	7	4	4	5	2	0
		3%	4%	3%	4%	2%	4%	3%	0%
A better personal	Very important	234	97	137	51	82	61	29	11
awareness of your		46%	41%	50%	47%	44%	45%	46%	67%
skills and weaknesses	Fairly important	234	112	122	46	88	68	27	4
		46%	48%	44%	43%	47%	50%	43%	27%
	Very unimportant	30	19	11	7	13	4	6	1
		6%	8%	4%	6%	7%	3%	9%	6%
	I don't know	12	7	5	4	4	3	2	0
		2%	3%	2%	4%	2%	2%	2%	0%
More confidence in	Very important	294	120	173	62	108	81	33	10
yourself		58%	51%	63%	59%	57%	59%	53%	60%
	Fairly important	182	96	87	35	70	45	26	7
		36%	41%	32%	33%	37%	33%	41%	40%
	Very unimportant	25	15	10	7	8	8	2	0
		5%	6%	4%	6%	4%	6%	4%	0%
	I don't know	8	4	4	2	2	3	2	0
		2%	2%	1%	2%	1%	2%	2%	0%

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		Gender			Age					
		Total	Male	Female	30-34	35-44	45-54	55-64	65+	
More time to decide	Very important	161	66	95	39	60	43	15	4	
upon your career		32%	28%	35%	37%	32%	32%	24%	21%	
path	Fairly important	248	120	128	46	93	71	29	9	
		49%	51%	47%	43%	50%	52%	48%	53%	
	Very unimportant	78	43	35	18	26	17	13	4	
		15%	18%	13%	17%	14%	12%	21%	26%	
	I don't know	20	4	16	3	7	5	4	0	
		4%	2%	6%	3%	4%	4%	7%	0%	
A better awareness of	Very important	210	86	124	53	70	60	20	7	
the job market		41%	37%	45%	50%	37%	45%	31%	42%	
	Fairly important	231	115	116	42	90	57	33	9	
		45%	49%	42%	40%	48%	42%	52%	52%	
	Very unimportant	49	25	24	8	19	11	9	1	
		10%	11%	9%	8%	10%	8%	15%	6%	
	I don't know	19	8	11	2	8	7	1	0	
		4%	3%	4%	2%	4%	5%	2%	0%	

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							Region						
			Yorkshire &										
		London	South	South West	Wales	East Midlands	Eastern	Humberside	North West	North East	West Midlands		
More / better advice	Very important	43	28	17	10	16	16	15	28	9	28		
on careers		50%	41%	47%	52%	49%	42%	36%	42%	45%	47%		
	Fairly important	33	30	13	6	15	15	16	29	9	22		
		38%	42%	35%	31%	46%	41%	38%	43%	45%	36%		
	Very unimportant	10	8	5	3	2	4	7	8	2	8		
		11%	12%	14%	16%	5%	12%	18%	12%	8%	14%		
	I don't know	0	3	2	0	0	2	4	2	0	2		
		1%	5%	4%	0%	0%	5%	9%	2%	3%	3%		
A better personal	Very important	50	31	18	6	13	16	13	28	11	27		
awareness of your		57%	45%	51%	29%	39%	41%	31%	42%	58%	45%		
skills and weaknesses	Fairly important	33	32	17	13	19	19	22	30	6	30		
		38%	46%	47%	65%	56%	50%	52%	45%	32%	50%		
	Very unimportant	4	5	0	1	2	3	3	6	2	1		
		4%	7%	0%	6%	5%	7%	8%	9%	9%	1%		
	I don't know	1	2	1	0	0	1	3	2	0	2		
		1%	3%	3%	0%	0%	2%	8%	3%	0%	4%		
More confidence in	Very important	54	40	17	10	16	22	18	38	13	39		
yourself		62%	58%	46%	51%	46%	58%	44%	57%	66%	66%		
	Fairly important	30	24	19	10	18	14	16	22	5	17		
	, .	34%	34%	52%	49%	52%	37%	39%	33%	26%	29%		
	Very unimportant	3	5	1	0	1	2	4	4	2	2		
	•	3%	7%	2%	0%	2%	5%	9%	6%	8%	3%		
	I don't know	0	1	0	0	0	0	3	3	0	1		
		0%	1%	0%	0%	0%	0%	8%	4%	0%	2%		

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							Region				
		London	South	South West	Wales	East Midlands	Eastern	Yorkshire & Humberside	North West	North East	West Midlands
More time to decide upon your career path	Very important	34	17	9	7	12	11	11	16	7	19
		39%	25%	26%	34%	34%	29%	28%	25%	36%	33%
	Fairly important	37	35	20	10	19	20	17	37	8	29
		42%	51%	55%	53%	56%	53%	41%	56%	42%	50%
	Very unimportant	14	11	7	1	3	5	9	10	4	7
		16%	16%	19%	6%	10%	14%	21%	14%	19%	13%
	I don't know	2	5	0	1	0	1	4	3	0	2
		2%	8%	0%	7%	0%	4%	10%	5%	3%	4%
A better awareness of	Very important	41	28	14	11	12	16	12	23	8	26
the job market		47%	40%	38%	56%	37%	43%	30%	34%	42%	43%
	Fairly important	37	29	19	6	18	16	20	37	10	24
		42%	43%	51%	31%	53%	41%	47%	56%	50%	41%
	Very unimportant	8	10	3	2	2	6	5	4	1	5
		9%	15%	8%	12%	7%	16%	13%	6%	6%	8%
	I don't know	2	1	1	0	1	0	4	3	0	5
		2%	2%	2%	0%	3%	0%	11%	4%	3%	8%

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		Region		SE	:G		Ethnic		
		Scotland	AB	C1	C2	DE	White	Non-white	
More / better advice	Very important	19	82	127	16	5	207	22	
on careers		48%	47%	46%	39%	25%	45%	43%	
	Fairly important	16	70	103	19	11	183	20	
		41%	40%	37%	47%	55%	40%	40%	
	Very unimportant	3	19	36	5	2	54	7	
		8%	11%	13%	11%	11%	12%	14%	
	I don't know	1	3	10	1	2	14	1	
		2%	2%	4%	2%	9%	3%	3%	
A better personal	Very important	21	87	128	14	5	208	26	
awareness of your		55%	50%	46%	35%	23%	45%	51%	
skills and weaknesses	Fairly important	14	72	129	22	11	212	22	
		35%	41%	47%	56%	57%	46%	44%	
	Very unimportant	4	13	12	3	2	29	1	
		10%	7%	5%	8%	11%	6%	3%	
	I don't know	0	3	7	1	2	11	1	
		0%	2%	3%	1%	9%	2%	3%	
More confidence in	Very important	28	96	165	24	9	265	29	
yourself		72%	55%	60%	61%	44%	58%	56%	
	Fairly important	9	69	94	13	7	164	18	
		22%	39%	34%	33%	36%	36%	36%	
	Very unimportant	2	7	13	2	2	21	4	
	•	6%	4%	5%	6%	11%	5%	8%	
	I don't know	0	2	4	0	2	8	0	
		0%	1%	1%	0%	9%	2%	0%	

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		Region		SE	Ethnic			
		Scotland	AB	C1	C2	DE	White	Non-white
More time to decide upon your career	Very important	17	59	83	15	4	144	17
		43%	34%	30%	37%	22%	32%	33%
path	Fairly important	16	85	131	21	12	224	25
		40%	49%	48%	53%	58%	49%	49%
	Very unimportant	6	27	45	4	2	72	6
		16%	15%	16%	10%	11%	16%	12%
	I don't know	0	3	16	0	2	17	3
		0%	2%	6%	0%	9%	4%	6%
A better awareness of	Very important	20	73	112	20	5	190	20
the job market		51%	42%	41%	50%	26%	41%	40%
	Fairly important	16	79	128	15	8	207	24
		41%	46%	47%	37%	42%	45%	47%
	Very unimportant	2	17	25	5	2	43	6
		5%	10%	9%	13%	11%	9%	11%
	I don't know	2	4	11	0	4	18	1
		4%	2%	4%	0%	21%	4%	2%